

# THE POSITIVE RESULTS C E N T E R




## About Us


Since 1992, PRC has been committed to creating awareness to strengthen, educate and safeguard children, families and the community on the intersections of violence from a cultural and age perspective. We believe people who know they are loved, are taught to believe in themselves, and are given the opportunity to excel, can live amazing lives.


We're now facing a world which is changing daily. We must engage youth and young adults to develop their voices, eradicate violence, and Radically Re-Imaging what the future looks like. By facilitating safe spaces using art, media, music and education as strategies for change, we can develop Healthy and Prosperous Black Communities and Youth Peer Leaders.


 PRC123


 @KandeeRLewis

 @thepositiveresults

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 Monday - Saturday | 10 am - 5 pm

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 www.PRC123.org

BUILDING

# healthier

COMMUNITIES



## PRC's Culturally Sensitive & Specific Programs for School Aged Youth

### GET INVOLVED

- Volunteer (Mentor or Support Services)
- Sponsor Workshop
- Contract PRC to Train staff and/or students
- Sponsor an event or workshop
- Host a Fundraiser
- Provide In-Kind Support

### SPEAKING OPPORTUNITIES

PRC's team are industry experts, in-demand keynote speakers, engaging, motivating, panelist, trainers and workshop facilitators.

Please contact us at [info@prc123.org](mailto:info@prc123.org) or [www.prc123.org](http://www.prc123.org)

## Need for Services



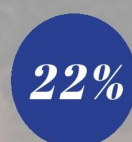
seconds in the US a woman is assaulted or beaten.



of men have experience some form of physical violence by an intimate partner



of women who have been abused first experience it between the ages of 11-24.



of intimate partner homicide victims are Black women, though they only make up 7% of the US population.

### Healing Through Trauma – Art Based Program

Positive Results Center hosts Healing Through Trauma, an arts-based awareness and prevention program targeting Black/African American youth, K-12th, young adults (8-25), and families, including those who identify as LGBTQQTIA, are at-risk, and low income to address intergenerational violence, abuse, racism, sexism and misogyny, and the resulting trauma for historically marginalized and underserved communities of color. Healing Through Trauma consist of virtual and/or in-person workshops.

### Workshop Overviews

#### Art & Writing To Heal

Creative expressions designed to help participants find the voice for their pain; identify and reflect on what has caused pain; identify their grief and their loss (innocence, safety, trust, etc.), & Identify negative patterns or habits as a result of grief.

#### Bullying Through Music

Provide a clear understanding of what Bullying is, how it impacts people, schools and communities, and the various forms of bullying, including the roles of the bully, and the trauma resulting because of it.... All through music

#### Healthy Relationships

Learn the benefits of effective communication, conflict resolution, listening, patience, public speaking, health and hygiene. Youth learn to take responsibility for their own actions, behavior, and happiness; how to set boundaries and create supportive and safe environments.

#### Music & Movement Therapy

Historically used to reduce anxiety and promote relaxation in settings where violence, trauma and pain are identified, and has proven therapeutic effectiveness in promoting well-being, controlling pain, and neutralizing negative emotions.

#### Youth Peer Advocate Training

Mentor youth to be Peer Advocates and Leaders to educate, share information, resources and conduct presentations on violence awareness through small group discussions, mentoring, art therapy, outreach and prevention education.

Our Program are 10-12-weeks, conducted in 2-hour intervals Inglewood, Gardena, Lennox, and the South Los Angeles Communities such as Athens, Willowbrook and Watts designed to facilitate healing trauma and resolving internal and external conflict to build and strengthen leadership skills, develop healthy relationships, reduce drop-out rates, increasing the likelihood of the participants becoming employed and positively engaging .